

amos  trust
justice and hope for the forgotten

WORDS OF HOPE

THE NEWSPAPER FROM AMOS TRUST

SPRING 2019



WORDS OF HOPE #6 IN THIS ISSUE

FRONT COVER

AHLAN GAZA: A young boy playing in the dirt just outside Gaza City — June 2016. Photograph: © Amos Trust/Mark Kensett

BELOW

DIWALI DINNERS: If Indian cuisine is your thing, you'll love our new fundraiser for Karunlaya coming this Autumn. Photograph: Taken from *Easy Indian Cookbook* © Manju Malhi, Watkins Media 2015

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DIWALI DINNERS Coming Autumn 2019



This Autumn we'd like Amos supporters to organise a DIWALI DINNER for our work with girls and young women living and working on the streets of Chennai. Full details coming soon.

FAITH I CAN BELIEVE IN WORDS OF HOPE — EDITORIAL

WORDS Chris Rose

FEBRUARY 26th was the 25th anniversary of the Ibrahimi Mosque Massacre in Hebron; May 15th, will be the 71st Nakba commemoration — I could list more and more. After each tragedy our ability to be shocked diminishes. And so the 7,000 Palestinians in Gaza shot in the last year by live ammunition at weekly protests, just become part of a long, long list.

I recently spoke in the church on Dartmoor where my grandmother was baptised. I was telling the story of Jesus sailing with his disciples across Lake Galilee when they are hit by a storm. Terrified — they wake him. He calms the storm, stills the waves, and asks them: “Where is your faith?”

When I see this list of commemorations and our staggering inhumanity, I despair. I hope Australian writer Tim Winton is right when he argues that we will look back in shame at what is happening right now, but I have my doubts. It will only happen if *we* are the change and my generation has a pretty poor track record.

I take comfort from Martin Luther King's conviction that “Unarmed truth and unconditional love will have the final word. This is why right, temporarily defeated, is stronger than evil triumphant” — but it could be pie in the sky.

So I have a different understanding of “Where is your faith?” It is of the one who journeys with us, who was sat in the boat and five minutes earlier was about to drown with them.

We are thrilled that Damaris and Gilberto from CEPAD in Nicaragua will be our guests at the climate justice conference we are hosting in Cambridge in September (*see page 16*) and at Amos Day (*see page 20*). Their work in rural communities in Nicaragua relies on journeying with communities and equipping them to respond to the impact of climate change. It doesn't change weather patterns but it transforms lives.

In this edition of WORDS OF HOPE you will read of work with girls on the streets and the women workers who are at the heart of, and who have inspired, ON HER TERMS. These women journey with girls on the streets as they take control of their lives and in almost every case there are ten steps forward and eight back.

We seldom see the storm stopped — in fact we can remember each time it happens. But so often we see the waves stilled. We have so many, in fact countless, stories of transformed lives, of hope renewed, of people being journeyed with, of being heard and of realising that they too can make a difference. THAT'S A FAITH I CAN BELIEVE IN.

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UMTHOMBO — DURBAN, SOUTH AFRICA
Three young women enjoying each other's company at the end of a drop-in session at Umthombo's centre.

RESTORING A SENSE OF DIGNITY

Karin Joseph recently visited UMTHOMBO — our ON HER TERMS partner in Durban, South Africa. Here she writes about some of the difficulties of journeying with girls and young women who live on the streets.

WORDS Karin Joseph PHOTOGRAPHY Sloane Goldstone & Alison Sloane



“Soon, I realised that there’s a certain lifestyle that these women were living by. I was told, ‘These are the rules. You have to find a boyfriend that will take care of you.’ I didn’t want to do that

BEACH TIME
Young people from Umthombo's post-16 programme, as well as those still currently living on the street, enjoy a day at the beach with the Umthombo team, playing games and building friendships.

On Her Terms is transforming the lives of girls and young women on the streets so that they can be free from abuse. We are journeying with them as they take control of their lives, challenging the daily injustices they experience.

When you arrive at UMTHOMBO around 9 o'clock on a weekday morning, you are met with a hive of activity. Bongwiwe, the cook, is preparing breakfast porridge whilst getting lunch ready in advance in huge pots on the stove. Down the side of the building, in the already hot sun, laundry is well underway at the sinks, with girls washing their clothes and those of their small children. Laughter (and cries) from the group of toddlers and babies who have arrived with their mothers can be heard from another room, where they are being cared for by an Umthombo staff member. Whilst waiting their turn at the laundry, other girls are making use of the bathroom to wash themselves, freshen up, and give their babies a bath.

These young women have chosen to come to Umthombo's centre this morning from across the city of Durban, from where they live with their babies on the streets or in abandoned buildings. Hloniphile, Umthombo's girls' outreach coordinator, knows where they stay. She reaches out to them regularly, letting them know that they aren't alone and that there are people who care, who can help them move their lives forward when they're ready. Hloniphile has been building relationships with some of these girls over many months, or even years, before they choose to come to the centre and access further support.

Later that morning, a local volunteer joins the girls with a bag of hairdressing equipment and supplies. Together, these young women teach each other and learn techniques for weave hairstyles, stitching extensions in for one another and admiring each other's skills. Conversation flows naturally whilst their hands work, as it would in any hair salon; Hloniphile enquires about their situations, what's new this week, skilfully building relationships and trust whilst resting one of their babies on her hip.

These morning rituals: having a shower, using toiletries, putting the laundry on, bathing your child, and doing your hair with some friends — may not seem out of the ordinary. But this is key to the success of the work and holds far greater significance than it

may appear. These rituals give a sense of normality to girls whose lives are highly unpredictable and often deeply unhappy. They help to restore a sense of dignity and are also deeply pragmatic. If you look clean and your baby is in fresh clothes, you're less likely to be turned away from the supermarket or clinic. You're less likely to be judged by passers-by, commented about or mistreated. The sad reality is you are more likely to be treated as human.

These activities provide a natural way in for Hloniphile and her colleagues at Umthombo to start building trust, to eventually hear a girl's story and to be invited in to support the changes she wants to make. Unlike many of the boys Umthombo supports, a large number of the girls feel they can never go home because of family rejection or because home is a source of abuse. One social worker shared how a girl described why she'd decided to come to the streets — “it's better to be abused by someone you don't know, than someone you do.”

The workers explained how heart-breaking and hard the work with young women is — especially if they have become mothers on the streets, are HIV positive, or highly reliant on substances. Each one of these factors makes a positive future feel out of reach for the increasing number of girls Umthombo is meeting. But hope does exist in Umthombo's commitment to journey alongside these girls towards a more hopeful future, and in working tirelessly to ensure a regular and strong presence in their lives.

The hope in Umthombo's work is personified in Joy, one of Umthombo's interns. Joy met Hloniphile not too long ago, when she was living on Durban's streets with a group of young women. She had come to Durban from a rural part of the province, to gain employment after her mother died and because her father was failing to provide for her younger siblings. After staying with relatives and a boyfriend in Durban, which didn't work out, Joy found herself meeting a group of young women and living with them in an abandoned building downtown.

“Soon, I realised that there’s a certain lifestyle that these women were living by. I was told, ‘These are the rules. You have to find a boyfriend that will take care of you.’ I didn’t want to do that. But I was forced to, I needed a place to stay and be protected. I didn’t love him, but I found someone, because I wanted to stay here in town to try and earn some money for my brother and sisters.”

Like almost all of the girls she meets, it took time for Hloniphile to build trust with Joy. The other young women on the street encouraged Joy to stay with them, not to seek a different future. But a three-day Umthombo camp that Joy attended with these young women was a transformational moment for her. She was asked to think of three goals which she wanted to achieve in the next three months, with Umthombo's help. She was told she could come and hold Umthombo accountable if her goals were not progressing how she wanted. Soon, she had a new ID, had been able to register for a cashier course and was interning at Umthombo.

We set up ON HER TERMS so that girls like Joy can live free from abuse. So that inspirational women like Hloniphile can share their learning. So that women workers who experience so much heartbreak can find support from one another. So that we, who desperately want to see their work thrive, can support them in their journey with girls on the streets.

This work with young women is desperately hard. The numbers involved will never be huge — it's just so hard to reach these young women and to journey with them in any sort of authentic manner. That is why we need your support and for you to draw others into supporting this work, to give these girls who never had a first chance a second.

To find out more about On Her Terms and to support the campaign, please visit amostrust.org/on-her-terms

WI'AM — A BRIDGE TO DIALOGUE

Gill Hewitt sat down with WI'AM founder ZOUGHBI ZOUGHBI during our carol service tour with the CHOIR OF BETHLEHEM in early December. Here are a few highlights of their conversation.

INTERVIEW Gill Hewitt ARTICLE Nive Hall PHOTOGRAPHY Mark Kensett

BELOW
DR. ZOUGHBI ALZOUGHBI (to give him his full title), speaking in Bradford Cathedral last December as part of Amos Trust's Bethlehem Christmas carol service tour.



ABOVE
SUBLIME — it was the Choir of Bethlehem's first visit to the UK. They were so well received everywhere we went and were such fun.



ABOVE
BRADFORD CATHEDRAL was such a wonderful setting for our Bethlehem carol service. We're busy planning this year's Christmas tour which will be focussing on Gaza and will feature our friend Sami Awad from Holy Land Trust. See page 21 for more details.

“We are blessed to be in Bethlehem, even next to the apartheid wall, because it reminds us of the suffering of the people all over the world.” ZOUGHBI ZOUGHBI

Tell us about founding WI'AM, the Palestinian Conflict Transformation Centre in 1995 and how the centre has developed over the years to where it is now. Have the methods you use and the challenges you face changed since then?

The foundation of Wi'am came after long experience in the fields of conflict transformation, of building civil society and wanting to create a better atmosphere for our people. In 1995, the focus was on mediation among our people as there were many problems and conflicts as a result of the social, political and community situation in that period. We needed a centre like Wi'am to give hope for people and to help find an amicable solution to problems based on win/win. This work continues and unfortunately grows, as the occupation puts intense pressure on Palestinian society at every level. Of course we also continue to work with youth, women, children, advocacy and citizen diplomacy. We network with local and international organisations and focus on enhancing the common living of people from all faiths.

When we go up onto the roof of the centre and look from there, we see the Unholy Trinity, the panoramic history of Palestine from 1948. We see the refugee camp, we see the settlements and we see the wall.

At Wi'am we have agreed that we will not fold our hands and let their victim mentality control us and we also say, ok, this is our situation, but here is our creative resistance. We respond to the Unholy Trinity that we can see with three things of our own. First, the presence of Wi'am in this place, second the garden with its beauty in the face of this ugly concrete and third the playground for the kids in the shadow of the wall.

It's inspiring that your location is an integral part of your resistance. However, you are situated in a very

vulnerable place with frequent incursions from the Israeli soldiers. Does this affect what you do?

Of course. First of all, we are blessed to be in Bethlehem, even next to the apartheid wall, because it reminds us of the suffering of the people all over the world. As Martin Luther King said, “injustice anywhere is an infringement on justice everywhere”, and it is good to be sharing feelings with others who are oppressed as an underdog.

We are very vulnerable because any activity or protest in Bethlehem will be next to the wall and when there's an activity for kids or youth the Israeli army shower us with tear gas, rubber bullets, some live ammunition and even skunk water. But we are determined, we have the perseverance and the resilience to be there and we are not able to do it if we don't have partners all over the world and especially people who are with us, not only in the flesh when they come to visit, but also in the spirit even when we are not together. This empowerment keeps us going and keeps our hope and keeps our sanity.

You were talking a little while ago about BDS — Boycott Divestment and Sanctions, and you said “we support BDS not to bring Israel to its knees but to bring it to its senses.” Is that still your view?

Yes, I believe BDS is an important and legitimate form of non-violent struggle. When we talk about BDS we are talking about boycotting Israeli goods, especially from settlements, divesting from any company that prolongs occupation and imposing sanctions on Israel that bring it to its senses, not its knees. Our struggle is for restorative justice, based on redressing the wrongs rather than avenging them.

We don't want punitive justice; we don't want to create other victims. What we are reaching for is for the world to say that the Palestinians are entitled

to live in dignity and integrity. BDS is one form of this kind of approach rather than to call for a Jihad or for war. At the same time, it is up to the Israeli occupation to respond to this non-violent Palestinian initiative because what we want is to deprive an Israeli government of an enemy.

Over many years AMOS TRUST has built a long-lasting relationship with Wi'am. We have brought many people to visit and to learn. What is your message to us today and what inspires you and keeps hope alive?

I think it is people like you who are a renewable source of hope for us. You have the perseverance and resilience which is, for us, the hope itself incarnated in this partnership. Our message is that you are needed more than before. We need more of you, we need more groups to come, we need more advocacy before it is too late.

It will be the voice of the voiceless through partnership and through creative forms of non-violence that will end this struggle and bring justice and peace. We need you because the Israeli needs to be awakened and the world needs to be awakened, and to be awakened we need to assume collective responsibility. With your presence you are contextualizing collective responsibility, empowering the local community and empowering the Israeli peace activists. You are our ambassadors for justice and peace.

We are, in a way, a bridge to dialogue where cultures and nationalities can meet in order to say “wait a minute — this situation cannot go on — injustice will not last forever.”

Please watch and share our short film about Wi'am's work — simply visit vimeo.com/amostrust/wiam



STORIES FROM THE STRIP: Read more about our new campaign — Ahlan Gaza.
amostrust.org/ahlan-gaza-campaign

AHLAN GAZA STORIES FROM THE STRIP

#ahlangaza

WORDS Chris Rose
 PHOTOGRAPHY Mark Kensett & Nick Welsh

ABOVE
THE INTERNATIONAL LANGUAGE
 Young people in Gaza at their weekly football practice session. They might be under siege but Football rises above such things.

RIGHT
ONE WHEEL GOOD
 AHLAN GAZA will aim to capture the dignity in the daily struggle for an ordinary life in Gaza.

The highlights of most people's trips to Palestine are not the places they visit, or our incredible partners — it's the people they meet, the hospitality they experience and the chance to hear everyday stories of life under occupation.

Of course these trips only ever experience a small part of Palestine — they never get to visit Gaza and its 2 million occupants. We would love to take people there but this is impossible. Access of any sort is getting harder and harder and it still remains incredibly difficult for Gazans to get permission to get out. As the isolation grows, so the normal stories of everyday life fade, coverage is only given to the news worthy and to the dreadful.

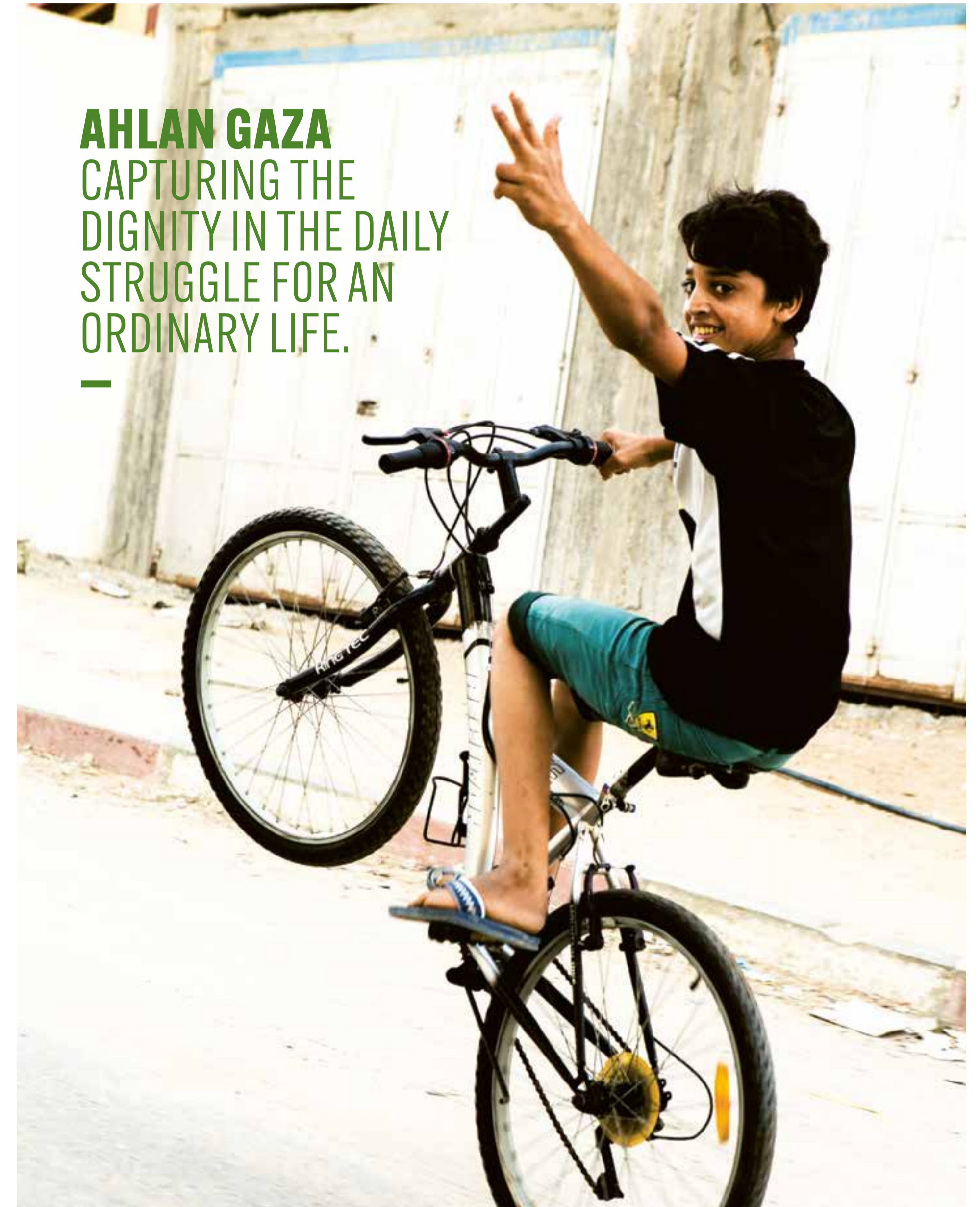
The consequence is that in our heads we picture Gaza as a 25-mile long and 7-mile wide prison camp, full of people living in the most appalling conditions. And while this is true, it is a fraction of the story and fails to capture the dignity in the ordinary struggles of everyday life.

So for the next 18 months, our Palestine campaign will be 'AHLAN GAZA'. It will follow the simple stories of people living in Gaza, people trying to live with dignity as their options close in on them each year. How do you encourage children to be hopeful for their future when unemployment is at 59%? How do you feed your family when 70% of the population is on food aid? How do you run a business on 5 hours of electricity a day?

We will still be calling for an end to the blockade and for full equal rights and we will still run our **WOMEN 4 WOMEN CAMPAIGN** for AL AHLI HOSPITAL and secure funds to meet the psychosocial needs of traumatised young people. But our focus will be to tell the stories of life in Gaza that are going on every day, every week — outside the spotlight of a crisis-driven news-cycle.

'Open The Borders'

Please watch and share our short film about life in Gaza City.
vimeo.com/amostrust/open-the-borders



AHLAN GAZA
 CAPTURING THE
 DIGNITY IN THE DAILY
 STRUGGLE FOR AN
 ORDINARY LIFE.



Members of AMOS ROAD CLUB on the London to Paris ride in May 2018. Join them in the Peak District this year.



AMOS ROAD CLUB 2019

AMOS ROAD CLUB HITS THE PEAKS: 24-27 MAY

amostrust.org/amos-road-club-2019

Join us on the annual AMOS ROAD CLUB ride which this year takes place in the Peak District. We're currently developing various rides that you will be able to choose from which will be between 50 and 100km with profiles that suit you. The cost for the weekend is £160 per person and includes three nights B&B and dinner on the Saturday and Sunday evening — (you will need to feed yourselves on the Friday night). It also includes daily snacks, a picnic lunch and the support vehicle.

PLEASE JOIN US!

We are not expecting you to raise money in sponsorship — unless you wish to do so. We organise fundraising rides every few years but want to meet together and ride together annually as we have found that so much good stuff comes out of it for Amos, plus it's great fun. Full details can be found at amostrust.org/amos-road-club-2019

TELLING STORIES

WORDS Karin Joseph
PHOTOGRAPHY Debby Besford

AFFIRMATION CIRCLE
Women from all over the world affirmed and supported each other before the ON HER TERMS workshop came to an end — October 2018.

“My parents helped me see the value in our story, in my story, in the larger story of our country... even when it's more real than you want it to be. Your story is what you have, what you will always have. It is something to own.”

MICHELLE OBAMA

We may think of STORYTELLING as children's bedtime stories and classroom tales. In much of the rest of the world storytelling is a central social practice, where histories are passed on, truths are explained and shared experiences are remembered together.

Last year we brought together a group of women workers to learn from each other and share in the joys and struggles of their work with girls on the streets. As we experienced street theatre techniques and how girls in prison are encouraged to share something about their name, their home and an ancestor, we learned that telling your stories is liberating and powerful.

Storytelling has three essential components — to tell your story, to have your story heard and to own your story.

If yours is a story most people wouldn't want to own, if you are a girl living on the street and your story is one of abuse, rejection and humiliation would you really want to tell this story? Are you going to be honest when the only response you've had was to be taken advantage of, ignored, or labelled as not worth listening to?

Being listened to and given space to talk about your life and what has brought you to where you are today without being judged, is vital for so many girls. To be given the chance to do this when she is ready and 'ON HER TERMS' is essential.

Effective storytelling does this through not only asking her to talk about her negative experiences, but to talk about the choices she's made, about her strength and her resilience, her talents, the people she loves and the good things about herself that nobody has ever bothered to ask.

Women workers at the conference learned how to use storytelling techniques from around the world. For many of the women telling their own stories, perhaps for the first time, and being truly heard by women with similar experiences, was massively affirming. It gave them practical ways of using storytelling to help the girls they work with to open up, to own their story and to take control of what is said about them and what they say about themselves.

To find out more about our On Her Terms campaign, please visit amostrust.org/on-her-terms





BEACH LIFE — Umthombo's girls' programme has expanded in recent years, responding to an increasing number of girls and young women being met by Umthombo's outreach team.

ON HER TERMS
GIVING GIRLS WHO HAVE
NEVER HAD A FIRST CHANCE,
A SECOND

PHOTOGRAPH Alison Sloane



LIFE'S A BEACH — EXCEPT OFTEN IT'S NOT...
 UMTHOMBO — SOUTH AFRICA



#ONHERTERMS

OPPOSITE PAGE
JOY — A current intern at Umthombo and former participant in their programmes herself, Joy looks on as other girls enjoy their day at the beach.

ABOVE LEFT
NOURISH — Bongwiwe, cook and long-time member of Umthombo's dedicated staff team, prepares lunch with love for the day's drop-in participants.

ABOVE RIGHT
INQUISITIVE — Young mothers who come to Umthombo's drop-in sessions bring their children too. It allows them to fully relax knowing their children are safe.

ABOVE
HOME — a volunteer hairdresser helps girls at Umthombo's drop-in centre to practice their weave skills, learning from each other and building friendships.

Find out more about our On Her Terms campaign — visit amostrust.org/on-her-terms

PHOTOGRAPHY:
 © Alison Sloane/Sloane Goldstone

ONCE IN A LIFETIME

CLIMATE JUSTICE SUMMIT

ST. PAUL'S CENTRE, CAMBRIDGE

23-25 SEPTEMBER 2019

amostrust.org/climate-justice-2019

CLIMATE CHANGE IS A JUSTICE ISSUE. Those who have the least political and economic power, and the least responsibility for the changing climate, are affected the most. We have a moral and ethical imperative to respond to their call for immediate action. We are inviting community activists, experts, artists and theologians from the UK and the Global South to take part in an interactive 3-day summit at the St Paul's Centre in Cambridge.

THEMES WILL INCLUDE:

- how to create sustainable local responses to the impact of climate change
- how interconnectivity between these local responses in the Global North & South is key
- how women must be at the centre of achieving climate justice
- how theologies of climate justice can be rooted in the south
- how to develop a spirituality for the long struggle ahead
- how the people who have caused global warming get out of the way and follow young people's lead
- how social media and direct action achieve change.

We are delighted that **DÁMARIS E. ALBUQUERQUE** and **GILBERTO AGUIRRE** from our partner CEPAD in Nicaragua will be joining us. CEPAD equips rural communities to develop sustainable local responses to the impact of climate change. Nicaragua is particularly vulnerable to climate change — according to the 2017 Global Climate Risk Index, Nicaragua is the fourth most at-risk nation in the world due to changing climates. It is the second poorest country in the Western Hemisphere.

For further details, please visit amostrust.org/climate-justice-2019

ONCE IN A LIFETIME is brought to you by AMOS TRUST and AROCHA (Eco Church).



COCA COLA AND CLIMATE CHANGE

WORDS Millie Rose
MAIN IMAGE Clive Horsman

MAIN IMAGE:
Some of the children of La Joya did not know what to make of this motley crew from the UK who had come to help clear school land for a new vegetable garden.

INSET:
18-year-old Millie Rose, recently spent 4 months working in CEPAD's office in Managua.



18-year-old Millie Rose who first visited Nicaragua in 2015 spent 4 months working in the CEPAD office last year. We asked her to share a little about her experience.

Recently, parts of Nicaragua suffered from severe flooding and during this time I spoke to a farmer involved in CEPAD's family garden programme. She explained that she was lucky because her house and plot are at the top of a hill so the flooding from the nearby river hadn't affected her much but she knew other people living in the same community who hadn't been so lucky, and all of their produce, almost ready to be harvested, had been destroyed.

This produce would have been used to feed entire families with the remaining yield being sold as family income, but now they must work to regrow their crops and adapt for next year. CEPAD is providing emergency food parcels to those affected and Amos is supporting them in this.

A few weeks later CEPAD held its National Forum of Rural Development where 38 local farmers across Nicaragua, working with CEPAD, gathered together to share different agricultural techniques. When we hear, every day, of another story of how climate change is destroying our planet, I was humbled as I listened to how they are finding simple solutions like a drip irrigation system using a plastic Coca Cola bottle to challenge the impact of climate change and demand a better world for their children. Seeing such determination I was reminded of something one of our Palestinian partners Dr Abdelfattah Abusrour said, "We don't wait for miracles — we provoke them."

As a response to an Amos supporter trip to Nicaragua in the spring of 2018, Amos has now helped to provide 140 water filters for the region of Teustepe.

I visited a lady's home, who is one of the benefactors of the water filters. Whilst there I had roasted sweet pumpkin cooked for me using the produce from her plot.

She proudly showed me how the dish had been made using the water filter and explained how her and her family now use the filter for almost everything. The importance of these water filters was made even more apparent to me when we left the village.

As we drove down the road in a four-by-four truck (it's impossible to access these communities without a four-by-four, and sometimes not even possible then), the driver pointed to the cemetery on the side of the road and told me how the majority of people who lay in this cemetery had died due to an illness caught through drinking the water from the local river. Yet now this problem has been almost eradicated due to the water filters.

CEPAD has also been helping communities to come to terms with the effects of the severe political unrest between April and July 2018. Everyone you ask will have been affected by the crisis in some way, even if they themselves weren't directly affected they know of someone that had to flee the country, is in jail or was killed because of the events that happened.

For young people discovering their political voice, they felt that this was the moment to stand up for what they believe in. The distress experienced by people has resulted in CEPAD launching a trauma response programme to train pastors and young people. I sat in on a training session for pastors, which was incredibly humbling — to see people with contradictory views, recognising that the need to heal and restore comes before any political agenda.



Join us on our Nicaragua Adventure in February/March 2020.
Full details can be found at amostrust.org/nicaragua-2020



FEBRUARY/MARCH 2020 NICARAGUA ADVENTURE

WORDS Chris Rose
PHOTOGRAPHY Clive Horsman

This trip is designed for those who have already visited Nicaragua and for those who want to be involved in supporting CEPAD's next five year programme. To find out more, please visit amostrust.org/nicaragua-2020

Nicaragua is one of the most beautiful, yet poorest, countries in the Western Hemisphere experiencing the onslaught of climate change and uncertain about its future.

For the last five years Amos has been supporting our partner, CEPAD, as they work with seven, small rural villages around the town of Teustepe in the Boaco region of Nicaragua, equipping them to respond to the impact of climate change.

This programme comes to a close at the end of 2019. We are organising this special trip to see the progress that has been made, to understand the difficulties and challenges they have overcome and to see what the future holds.

The group will assist us in our evaluation of this work and look at how we can build support for a new five year programme in this region.

The group will spend time in each of the seven communities and will also visit the neighbouring area of San Jose de los Remates to see the ongoing impact of CEPAD's previous work.

They will visit some of the communities that have applied to join the next five year

programme to learn about the issues they face and of CEPAD's ideas for combating the destructive cycle of long periods of drought followed by catastrophic floods.

In addition, they will learn more about what the call for climate justice means from a Nicaraguan perspective and how it cannot be separated from the political events in this troubled country.

They will be staying in Teustepe — in a unique hotel that boasts a number of thermal pools and in Managua, and will spend a mid-trip break on the volcanic Island of Ometepe on Lake Nicaragua.

While on Ometepe the group will have the chance to climb the volcanoes, swim in the lake and visit CEPAD's work on this and the neighbouring islands. They will also visit the Avocado School in La Concepción, with which Amos has been involved since its inception, and hear about how the community is working together to make the school prosper.



Join us at Amnesty International's HQ in Shoreditch on Saturday 28th September 2019



ALLOURWORLDS

AMOS DAY 2019 SATURDAY 28 SEPTEMBER

AMNESTY INTERNATIONAL, 17-25 NEW INN YARD, LONDON EC2A 3EA

CLIMATE JUSTICE We are delighted that Dámaris E. Albuquerque (*above*) and Gilberto Aguirre will be joining us to talk about the work of CEPAD and of what the call for climate justice means in Nicaragua and how it can't be separated from political events. **STREET JUSTICE** We will have a link-up with some of the women workers and girls from our partner projects who are at the heart of ON HER TERMS. **PALESTINE JUSTICE** We will be screening the newly released, award-winning documentary, 'GAZA', as part of our new AHLAN GAZA campaign. Registration will open in Spring 2019.

Meet old friends, make new ones and be inspired.
amostrust.org/amos-day-2019

#amosday2019

AMOS LISTINGS

2019/20

AMOS TRUST events and trips are open to everyone. Join us as we challenge injustice, build hope and create positive change. #ACTIVEISM

24 – 27 MAY 2019

AMOS ROAD CLUB HIT THE PEAKS

amostrust.org/amos-road-club-2019
The annual Amos Road Club ride is open to all ages and abilities. This year's ride will take place in the Peak District.

8 – 15 JUNE 2019

WOMEN OF THE WEST BANK ACTIVISTS' TRIP

amostrust.org/women-of-the-west-bank-2019
This new women-only tour will give a unique chance to understand more about issues facing women in Jerusalem and on the West Bank and how we can stand in solidarity with them.

5 – 14 AUGUST 2019

INDIA ENCOUNTER VISIT KARUNALAYA

amostrust.org/india-encounter-2019
Meet children on the streets and their families, to discover for yourself the issues they face, and to learn about the solutions they are exploring with Karunalaya.

28 SEPTEMBER 2019

AMOS DAY 2019 ALL OUR WORLDS

amostrust.org/amos-day-2019
Join us for Amos Day 2019 in London at Amnesty International's HQ when we'll share some of what we've been working on in 2019 and some of what we have planned for 2020 and beyond.

MARCH 2020

PALESTINE MARATHON AND HALF MARATHON

amostrust.org/palestine-marathon-2020
Join Team Amos and run the eighth annual Palestine Marathon in Bethlehem, in the shadow of the Wall.

13 OCTOBER 2019

ROYAL PARKS HALF MARATHON

Join Team Amos and run the Royal Parks Half Marathon through London this October and raise funds for Amos' On Her Terms campaign. If you're new to running or want to beat your PB, this is a great challenge and an opportunity to run in solidarity for girls and young women. It's a 13-mile run through London's most beautiful and iconic parks — Hyde Park, Green Park, St James's Park and Kensington Gardens. What we especially love about this race is that it's one of the most environmentally friendly half marathons in the UK. And with a food and fitness festival running alongside the marathon itself, your friends and family will have plenty of fun waiting for you to finish — after they've cheered you on as you speed past them of course!

For full details, please visit
amostrust.org/royal-parks-half-2019

DECEMBER 2019

'AHLAN GAZA' CHRISTMAS TOUR

This December, our special 'Ahlán Gaza' Christmas tour starts at St. James's Piccadilly, London and then moves on to Canterbury, Bristol, Manchester and Birmingham — with other dates to be added soon. We will be joined by Sami Awad from our partner, Holy Land Trust in Bethlehem; special Gazan guest performers (permissions allowing), and local musicians and choirs. The tour will be part of AHLAN GAZA, our new campaign that aims to share stories of life in the Gaza Strip. Sami is a leading Palestinian peace activist who will be explaining why non-violence is at the heart of the Christmas message and of his family in Gaza. All proceeds will go to our 2019 Christmas appeal for our partners in Gaza and the peace building work of Holy Land Trust.

For more information, please visit
amostrust.org/gaza-christmas-2019



Sami Awad from Holy Land Trust in Bethlehem will be our special guest this December.

My hope for the girls I work with, for all girls on the street, is that one day, society will accept them and their choices. One day, they will not condemn them for bad choices or label them with negative names, but instead be ready to give them a second chance.

My dream is that society will view girls on the street like people who have dreams, who have ambitions; they have power, they are not powerless.

Do I think this is going to happen? We are on the right track. On Her Terms is a network, and it provides strength for us workers to go forth and push on with what we are doing. Society will catch up and join us in our work to make things easier and safer for these girls.

Let nobody treat these girls like powerless people that are there to be helped. They can be whatever they want to be. They can achieve their dreams; they can go places and be like any other woman. They can sit in this position that I am sitting in, travel to where they want to. For girls on the streets it's going to be a long journey but I can see a lot of changes ahead."

BEATRICE FROM GLAD'S HOUSE
MOMBASA, KENYA

ON HER TERMS SPRING APPEAL

WORDS Azey Siddiqui
PHOTOGRAPHY Tom Merillion

BELOW:
ON HER TERMS
Grace volunteers her time teaching other children who have come to Cheka Sana's drop-in centre about health and HIV — January 2018

In 2019 we want to:

- empower girls and young women on the streets to control and own their stories through focused story telling programmes
- create relationships between projects in South Africa, Burundi, Tanzania and Kenya to share knowledge about working with young women involved in sex work and young mothers on the streets
- build support groups between women workers who often feel isolated and overwhelmed by the work they are involved in
- raise the funds needed for women workers to challenge child marriage in pavement dwelling communities in Chennai
- support advocacy in South Africa to transform the lives of girls and young women trapped on the streets.

By making a regular donation, you will empower women like Beatrice to be strengthened to carry on their work. Work which takes them into abandoned buildings, navigating past sometimes abusive, boyfriends, pimps and brothel owners, before they can reach the girls and start to build relationships with them, helping them to identify how they want to transform their lives.

These women are the experts and need to share their skills with other workers around the world to demonstrate how programmes designed by the girls 'on her terms' are the most effective. By helping them raise the bar in this work, you will help us transform the lives of girls and young women on the streets.



To support our ON HER TERMS appeal, please visit amostrust.org/on-her-terms-appeal

ON HER TERMS SPRING APPEAL

"The hardest thing we all faced was being rejected by our families. People who look down on girls and boys on the street, they don't understand the depth of what they go through. Maybe if they listened — they'd see that we're not there by choice."

JOY — DURBAN, SOUTH AFRICA

We would like 20 people to commit to supporting On Her terms on a regular basis. Be it £10 or £30 a month — your commitment will help us and our partners to better plan our work.

- **£10** a month will enable a girl in Durban to come to Umthombo to wash her and her child's clothes and speak to a support worker
- **£30** a month will support workers in Karunalaya, to run awareness-raising sessions in pavement dwelling communities about child marriage
- **£50** a month will support women workers from South Africa, Tanzania, Burundi and Kenya; to learn from each other about working effectively with girls and women involved in commercial sex work or who are trapped in street life.

To become a committed giver or to make a one-off donation to On Her Terms and our work in South Africa, India, Tanzania and Burundi, please use the form on this page or visit amostrust.org/on-her-terms-appeal

THANK YOU FOR YOUR SUPPORT

PLEASE HELP WE NEED YOUR SUPPORT

I WOULD LIKE TO SUPPORT THE WORK OF AMOS TRUST

- I / We enclose a one-off contribution of £
 I / We would like to give regularly to Amos Trust and have completed the Standing Order form

PLEASE USE THESE FUNDS FOR

- On Her Terms Spring Appeal Amos Trust General Funds Amos Street Child
 Amos Palestine Amos Communities I / We would like a receipt
 I / We would like to receive WORDS OF HOPE E-news

ABOUT YOU

TITLE _____ NAME _____
ADDRESS _____

POSTCODE _____
TELEPHONE _____
EMAIL _____

STANDING ORDER FORM

TO THE BANK MANAGER _____ YOUR BANK _____
POSTCODE _____
Please debit my/our account
ACCOUNT NO. _____ SORT CODE _____
WITH THE SUM OF £ _____ EACH MONTH / QUARTER / YEAR (delete as applicable)
STARTING ON DD / MM / YYYY _____

And pay this sum to Amos Trust

ACCOUNT NO. 10939419 SORT CODE 16-20-30 BANK RBS, 10 NORTH ST, GUILDFORD, GU1 4AF
SIGNATURE _____ DATE DD / MM / YYYY _____

PAYMENT METHODS

CHEQUES (payable to Amos Trust). We also accept charity vouchers.
CREDIT / DEBIT CARD To donate by card, please visit amostrust.org/give
STANDING ORDER To give a regular gift, please complete the standing order form above or visit amostrust.org/give — or if you would prefer to talk to us about making a donation, please call the office on 020 7588 2638 during normal office hours.

GIFT AID DECLARATION — DONATIONS TO AMOS TRUST

- Please GIFT AID this donation and any I make in the future or have made in the past 4 years

I confirm I am a UK taxpayer and understand that if I pay less Income tax and/or Capital Gains Tax then the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

SIGNATURE _____ DATE DD / MM / YYYY _____

PLEASE NOTIFY AMOS TRUST IF YOU:

Want to cancel this declaration, change your name or home address; no longer pay sufficient tax on your income and/or capital gains. If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

PLEASE RETURN COMPLETED FORM AND DONATION TO:

Amos Trust, St Clement's, 1 St Clement's Court TELEPHONE: +44 (0) 20 7588 2638
London EC4N 7HB, United Kingdom EMAIL: office@amostrust.org
Registered charity no. 1164234 WEBSITE: amostrust.org



I AM BECAUSE YOU ARE

An extract from **'I AM BECAUSE YOU ARE'**
taken from **'LIFELINES: NOTES ON LIFE & LOVE, FAITH & DOUBT'**
by Malcolm Doney and Martin Wroe

In Southern Africa a bantu word — UBUNTU — suggests an alternative way of answering the big questions. UBUNTU can best be translated as “I am because you are”. It’s a word that signals how each of us finds our best self only in relationship to others. How life is not to be understood as a solitary, individual pursuit but as something we share. That we understand ourselves better when we live in company not alone. “Ubuntu speaks about the fact that you can’t exist as a human being in isolation,” says Archbishop Desmond Tutu: “It speaks about our interconnectedness. You can’t be human all by yourself... we think of ourselves frequently as just individuals, separated from one another, whereas we are connected and what we do affects the whole world.”

This is counter-intuitive in a culture where our goals often centre on personal fulfilment — in family or career. In spirituality and religion. But many of our deepest questions can’t be answered in isolation, only in friendship. Many of them — “why is there so much suffering?” — can barely be answered at all. We have to live with these questions. But living with them with others sometimes means we become the answers ourselves.

Those others might be a lonely neighbour, an annoying relative, a sick child, an estranged partner. Or they might be losing hope in Syria, locked up in Guantánamo, forgotten in Gaza. They might be the people we meet when we hesitatingly volunteer at that rough sleepers’ hostel — or step over the threshold of a local synagogue, mosque, or church.

'LIFELINES: NOTES ON LIFE & LOVE, FAITH & DOUBT'

Published by Unbound and available from www.lifelines-book.com priced £16.99

